

# CARDIAC SERVICES



Your patients will benefit from Pinnacle Home Health Services by living more independently and better understand how to manage their own health. We understand the importance of working with the patient AND the caregiver to help promote the highest level of care and quality of life possible.

**Referral Fax:**  
1-888-344-6115

## Disease Types:



- CHF
- CAD
- Obesity
- Uncontrolled HTN
- CVA/TIA
- Cardiomyopathy
- Myocardial Infarction
- Cerebrovascular Accident
- Coronary Artery Bypass Graft

## Skilled Nursing Visits



- Disease education, teaching and progression
- Medication Management. Teaching patient how and when to take their medications to get the most out of them. Provide Medication box and Oversight when needed. Importance of PT/INR Checks and Proper Administration of Blood Thinners
- Monitor vital signs and changes in mental status
- Nutrition Management
- Teaching of Effective Pain Management
- Assessment for other disciplines

## Physical Therapy



- Cardiopulmonary Strength and Endurance
- Regimented Exercise Routine
- Muscle Strength and Endurance
- Stretching and Flexibility
- Gait/Balance Training
- Assessment of Adaptive Equipment

## Occupational Therapy



- Assistance with ADLs – Activities of Daily Living
- Teaching Energy Conservation Techniques
- Depression – Behavioral and Task Modification
- Teaching and Training of Adaptive Equipment. This includes Home Safety Assessment and Environmental Adaptation.

## Speech Therapy



- Evaluation and Treatment of Swallowing Disorders
- Cognitive/Linguistic Therapy
- Teaching for Receptive and Expressive Language Disorders

## Medical Social Work



- Assisting with Community, Financial and Social Support